

UNION EAP

EMPLOYEE ASSISTANCE PROGRAM



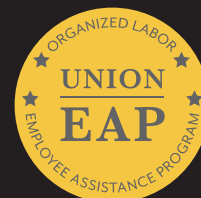
Organized Help for Organized Labor

Union EAP helps union members navigate substance use, mental health, legal, and financial challenges through expert assessment, direct care, and connection to high-quality resources. We know that asking for help can be hard, so we make finding solutions easy.

The core of our system is our “Care Coordinator.” These individuals are trained clinicians with at least a master’s degree in their field. More importantly, they are creative problem solvers with vast resources and an understanding of each member’s health plan. Care Coordinators stay with the member throughout the entire process and beyond.



Call us anytime at 866-259-0904.
Your call is completely confidential.



The Union EAP seal signifies a union that prioritizes the health and wellness of its members.

Services

- **Insurance Verification:** We verify your insurance benefits to identify accessible treatment options and ascertain projected deductible and out-of-pocket costs.
- **Assessments and Screenings:** We provide expert behavioral health screenings and assessments to help identify treatment resources that offer the therapies and approaches best able to meet your needs.

Our staff is here to help with:

- **Mental Health**
 - Anxiety
 - Stress Management
 - Substance Use
 - Suicidal Thoughts
 - Psychosis
 - Depression
 - Anger
 - Body Image
 - Nutrition Difficulties
 - Compulsory Behaviors
 - Obsessive Thinking
- **Work-Related Issues**
 - Performance Improvement
 - Quality Communication
- **Conflict Resolution**
 - Legal Assistance
 - General Legal Advice
 - Wills and Other Basic Legal Documents
- **Financial**
 - Money Management
 - Large Purchase Information
 - General Questions and Advice
- **Family**
 - Disabled and Special Needs Family Members
 - Elder Care/Senior Living/Memory Care

For employers and unions we provide:

- Scheduled and On-Demand Training
- Immediate Crisis Response
- Management Techniques and Strategies
- Specific Trainings on Multiple Subjects
- Comprehensive Reporting

How Union EAP Can Help:

Unlimited Care Coordinator Access

Members have 365/24/7 access to Union EAP Care Coordinator trained to respond to emotional and mental health crises and distress, assess mental health and substance use disorders, connect with high-quality treatment resources, and help members access a range of helpful resources.

This is a free, no-cost benefit to eligible members and their families (everyone living in the member's home) offered to you by your union. Please call us. You are not alone, and we are here to help. But we can only help if you reach out.



Union EAP is here for you anytime. Please call 866-259-0904, visit unioneap.com, or scan the QR code for immediate assistance.

Your call will be held in strict confidence and will be treated with respect. Your union hired us, but we work for you. We never share anything without your express, specific, and written approval.

**In some rare instances disclosures that pose a physical threat to self, or others may be required.*