



**UNION
EAP**

EMPLOYEE ASSISTANCE PROGRAM

THERE IS NO UNION WITHOUT YOU.

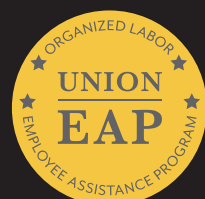
Union EAP is a free, no-cost benefit to eligible members and their families (everyone living in the member's home) offered to you by your union. We are experienced Care Managers available 365/24/7 that can help you address mental health, substance use, financial, and legal challenges.



Call or text 866-259-0904 at any time. You are not alone, and we are here to help. But we can only help if you reach out.

Your call will be held in strict confidence and you will be treated with respect. Your union hired us, but we work for you. We never share anything without your express, specific, and written approval.

**In some rare instances disclosures that pose a physical threat to self, or others may be required.*



The Union EAP seal signifies a union that prioritizes the health and wellness of its members.